



1. INTRODUCTION: RECONNECTING WITH THE THEMES OF THE P AND F

2. HOW SHOULD THE DIRECTOR APPROACH THE GIVING OF THE P & F?

- Remain *connected* with your own experience of the P and F
- Remember this is a '*Consideration.*'
- There should be *Conversation*
- *Creative* and spacious adaptation:
- **WHEN TO GIVE THE P AND F**
- Where is it located in the text of the Exercises?
- Why do contemporary directors connect it with the Preparation/Disposition Days?

Two clarifying questions:

- At what point do we begin to help the person engage some of the themes of the P and F?
- At what point do we offer them the text itself to use as a consideration?

3. EXAMPLES OF APPROACHES TO GIVING THE PRINCIPLE AND FOUNDATION

1. Tetlow: Choosing Christ in the World
2. Veltri: Orientations:
3. Kathi Tarantal's Resources

4: WRITING OR CREATING ONE'S OWN P AND F

5: WOMEN AND THE P & F: A FEW THINGS TO BE AWARE OF

6: WHEN IS THE PERSON READY TO MOVE INTO THE FIRST WEEK MEDITATIONS ON SIN?

QUESTIONS FOR REFLECTION:

- Share your own P and F if you wrote one or talk about what that part of the Exercises journey was like for you.

- Is there anything having heard the input that you would want to give more attention to in accompanying your retreatant in the P and F?